Como College and Career Opportunities

June 2015

Scholarships for Seniors

Scholarships Offered by Minnesota Colleges & Universities → for a full list, visit each college's scholarship page www.getreadyforcollege.org/sPagesGR/scholarshipsAll.cfm

UPS- The Earn and Learn Program- Join the UPS team in a part–time position and you can do just that — with the Education Assistance program. Available in 51 UPS locations across the nation, the Education Assistance program is just one way we aim to help employees make their world work better — by attaining their education and career goals.

- Earn \$5,250 in assistance per calendar year with a lifetime maximum of \$25,000
- Part–time management employee benefits are increased to \$5,250 per calendar year with a lifetime maximum of \$25,000
- Eligibility begins the day you're hired and benefits are prorated accordingly in case you're hired midsemester
- Please visit the website https://ups.managehr.com/earn-and-learn-program.htm for further questions

http://scholarshipamerica.org/open scholarships.php

VISIT THIS WEBSITE FOR INFO. ON MANY UPCOMING OPEN SCHOLARSHIPS, such as:

Dr. Pepper Tuition Giveaway Promotion and Contest, Buick Achievers Scholarship Program, Generation Ali Global Citizenship Scholarship, Great Lakes National Scholarship, Scholarship America Dream Award, State Farm Good Neighbor Scholarship Program, William C. and Corrine J. Dietrich Scholarship Program

<u>SCHOLARSHIP DATABASES:</u>

www.scholarships.com www.studentaid.ed.gov http://scholarshipmentor.com/
www.getreadyforcollege.org www.scholarshipamerica.org http://www.collegegreenlight.com/
http://4blackyouth.com/default.aspx http://www.legion.org/scholarships www.zinch.com

http://go.salliemae.com/scholarship/
www.collegeboard.org
www.actstudent.org
www.princetonreview.com
www.finaid.org
www.fastweb.com

www.iseek.org/education/scholarships.html

Please check out the full list of scholarships on Naviance. If you have questions, please see your counselor

Job and Career Training Programs & Alternatives to College

TWIN CITIES RISE – EMPLOYMENT TRAINING ($\underline{\mathbf{R}}$ esponsible, $\underline{\mathbf{I}}$ ndependent, $\underline{\mathbf{S}}$ killed, $\underline{\mathbf{E}}$ mployee) www.twincitiesrise.org

Merrick Community Services Environmental and Construction Workers Training Program www.merrickcs.org

Project for Pride in Living Employment Skills Training Programs http://www.ppl-inc.org/locations/ppl-learning-center

Summit Academy OIC Adult Education + Career Programs www.saoic.org

American Indian Academy OIC Adult Education + Career Programs + GED http://aioic.org/career-training/

Hubbs Center for Lifelong Learning http://hubbs.spps.org/work-related courses.html

Hubert H. Humphrey Job Corps - For: Ages 16-24 http://huberthhumphrey.jobcorps.gov/

International Institute of Minnesota www.iimn.org/

Goodwill/Easter Seals = JOB Training and JOBS!!!

http://www.goodwilleasterseals.org/site/PageServer?pagename=serv

Construction Careers Training: www.constructioncareers.org

http://century.augusoft.net/index.cfm?fuseaction=1010&&

Youth Corner – JOBS help - www.minnesotahelp.info/Public/default.aspx?se=youth

Workforce Solutions – YouthLEAD Through Ramsey County www.HIRED.org GET HELP FINDING A JOB!

World of Opportunities

<u>PSEO</u> –JUNIORS & SENIORS. <u>Take college classes while in High School</u>. FREE! See your school counselor. Forms and other info. at http://education.state.mn.us/MDE/StuSuc/CollReadi/PSEO/index.html

<u>UPDATE: 10th Graders may now take PSEO classes, but ONLY in Career & Technical Education!!</u> In order to be eligible, a 10th-grade student must have taken the 8th-grade MCA reading test in the 8th-grade and have met the composite proficiency level of "meets or exceeds". If the student meets this standard, they may be eligible to enroll in CTE courses, as identified by the Minnesota State College and University System (MNSCU – public 2-year and 4-year college system) if they meet the specific course requirements and pre-requisites of the CTE courses(s) they wish to enroll in. This option is open to Minnesota public school students. http://education.state.mn.us/MDE/StuSuc/CollReadi/PSEO/index.html

<u>Saint Paul College – Career Pathways Academy</u> for juniors and seniors with good attendance who are on track to graduate. Seniors: Must be in top 50% of class. Juniors: Must be in top 33% of class.

See your counselor to register. Possible Spring Semester 2014 courses: Medical Careers/Nursing Assistant (competitive), Business Computer Fundamentals/Business Information Applications, Medical Terminology,

Construction Trades, Digital Electronics, Digital Imaging/Advanced + Web Design (Advanced). For more info and an application (scroll to the bottom for spring 2014), visit: http://cte.spps.org/Career_Pathways.html

<u>Genesys Works -</u> A summer training in June and July of 2014 that focuses on business technology and professional skills, including basic IT skills, public speaking and more. A <u>paid</u> year-long professional internship across the senior year at companies like Target, Cargill, Medtronic, and 3M. One-on-one support and guidance from a program coordinator during the college application and scholarship search process. To learn more about this great opportunity: **Talk to your school counselor.** Go to http://www.genesysworks.org/twincities/Students/

<u>ACT test prep on Naviance.</u> 11 week, self-guided tutorial will give you practice tests and a wealth of preparation information! Go to www.connection.naviance.com/hhsstp click on PrepMe.

<u>YWCA IMPACT</u> program = Work Readiness, Life Skills, and Academic Services Program for <u>ages</u> <u>15-24</u>, 375 Selby Ave., Saint Paul. FREE! Possible internships after training. ACT test prep help, college visits, homework help, family nights, test prep help. Contact Fatima at <u>fmuhammad@ywcaofstpaul.org</u> or call her at 651-265-0750 to learn more/sign up! ⊕

<u>Hands-on career exploration and mentoring with the Exploring program. Ages 14-20.</u> Cost: \$25 per year. Visit <u>www.join.explorenow.org</u> for a list of careers, including Police, Fire/EMS, Aviation, Auto, Vet, & more

Healthcare Career Exploration Seminars – at Children's Hospitals & Clinics of Minnesota. FOR: High School students who are at least 16 years of age and have completed their JUNIOR year of high school, OR College students, OR Adults exploring 2nd careers. Registration opens 30 DAYS prior to the session. FREE! SUMMER TOPICS may include: Nursing, surgery & more! Go online/contact them. TO REGISTER: email HCEP.Office@childrensmn.org Directions to either campus, parking info. & more: www.childrensmn.org/about-us/careers/healthcare-career-exploration-programs/healthcare-career-exploration-seminars

Healthcare Career Exploration Seminars – Observer Program at Children's Hospitals & Clinics of Minnesota. FOR: High School students who are at least 16 years of age and have completed their JUNIOR year of high school, OR College students, OR Adults exploring 2nd careers. In order to participate in the Observer Program, you must meet specific criteria and submit an application. Applications will be accepted from the 5th-10th of each month to plan for the following month (i.e., January 5-10 application period for February). Observations are limited to one day, for a maximum of 8 hours. Students may not observe the same discipline more than once, or observe more than once in one semester. We will notify applicants of their match status by the 30th of each month. This notification will be sent via e-mail. Observe Children's staff in order to learn more about their field and fulfill personal career exploration objectives. This experience is entirely hands-off, is supervised by a professional, & positions are limited. For more info, go to www.childrensmn.org/about-us/careers/healthcare-career-exploration-programs

Center for Hmong Arts and Talent Youth Leadership Group (YLG) for youth ages 15–19. YLG uses theater as a vehicle to foster leadership skills, encourage civic engagement and heighten expectations for success after high school. The program is an intense year-long program for youth who have extremely high potential but little opportunity to reach that potential. The group meets regularly to discuss critical issues affecting the Hmong community; select, plan and organize a theatrical campaign to address the issue; and presents the campaign at a local theatre and tours to Universities, conferences, organizational events and libraries. Through the process of creating & implementing the campaign, youth develop skills in consensus & team-building, leadership & follow-through, as well as marketing, producing and community-building. In Saint Paul. Jennifer@aboutchat.org → www.aboutchat.org/programs/youth-leadership-group/

Summer Opportunities

<u>Summer Academic Enrichment Program</u> - The Minnesota Office of Higher Education is pleased to announce the **2015 Summer Academic Enrichment Program!** The Summer Academic Enrichment Program- will provide stipends on a first-come, first-serve basis, to cover all or a portion of the direct cost for students in grades 3-11 to attend <u>eligible summer academic enrichment programs</u> in June or July of 2015. Please check out the following link for further details http://www.ohe.state.mn.us/mPg.cfm?pageID=1958

Weisman Art Museum Teen Architecture Workshop August 3-7, 2015, 10:00 a.m. - 4:00 p.m. For Current Gr. 9-11. Work with professional architects, engineers, and designers from the U of M at the museum. Posed as an architectural project, participants will explore, design, and build creative solutions in a professional setting. No specific design experience is necessary, just a keen interest in art, design, engineering, or architecture. Cost: \$200. Scholarships are available. ?s - email Jamee Yung jtyung@umn.edu Apply at www.weisman.umn.edu/learning#um-students

True Friends – Minnesota Camps for Students with Disabilities. Adult Getaway for independent adults, Autism Sensory Splash 1:1 in an environment that meets sensory needs/new multisensory room, BYOC (Bring Your Own Caregiver), Camp Independence – for youth with learning disabilities or mild cognitive disabilities, 1:1 Respite = one on one care during all waking hours, AND MORE! → Staff live and sleep in the same cabin as the campers. FEES ARE SET according to the AMOUNT of support the camper needs. Campers can still pay for camp or respite with their fee waivers OR pay privately. FINANCIAL ASSISTANCE is available for ANYONE who needs it! VARIOUS CAMP LOCATIONS. GO online to see which camp is where: Camp Eden Wood (Eden Prairie), Camp Friendship (Annandale), Camp Courage North (Lake George), Camp New Hope (McGregor), Camp Courage (Maple Lake). Plus horse time, adventure trips, health & education, power soccer, literacy, brain injury, ADD/ADHD, Asperger's camp, Hemophilia camp, Arthritis camp, Down Syndrome camp, & MORE! 1-800-450-8376, info@truefriends.org / www.truefriends.org

<u>True Friends – Youth Development & Leadership VOLUNTEERING</u> at CAMP FRIENDSHIP in Annandale near St. Cloud, MN. Work with people with disabilities and help with swimming, arts and crafts, music, nature study, rock-climbing and other fun camp based activities, too! Volunteers <u>Ages 14 to 16</u> = 20 positions per week/<u>Ages 16 & Up</u> = 25 positions per week. FOOD AND LODGING PROVIDED! Comprehensive training provided. FREE! Lots of week long dates in June, July and August (through Mid-August, 2015). www.truefriends.org 1-800-450-8376, info@truefriends.org

<u>University of Minnesota-Twin Cities</u> – Summer camps for YOUTH ages 5-15. Cool stuff! Includes: Kids' University, Minnesota Sport Schools, Discovering 'U', Gopher Adventures. ALL CAMPS INCLUDE indoor rock climbing, indoor swimming, organized recreational games, themes and projects, a state of the art playground, outdoor games, quality arts and crafts, and campus exploration adjusted to the age of the participants. #612-625-2242, ypsummer@umn.edu, brochure: http://recwell.umn.edu/youth/summer.php

<u>University of Minnesota Opportunities for Youth K-12 at the U & Educator Resources & Opportunities!</u>
<u>www.k12.umn.edu/</u> Bell Museum Summer Discovery Day Camp, BRAVO Summer String and Keyboard Institute,
Exploring Careers in Engineering & Physical Science, Gopher Sports Summer Camps, MN Landscape Arboretum
Summer Day Camps, Music Theatre at Minnesota, Technology Day Camp, U of M Summer Youth (Sports)
Programs, Crookston, Morris and Duluth, too! <u>Various deadlines!</u>

Websites for camps, jobs and other summer fun

http://www.mncollegeaccess.org/AEG.html- MMEP Academic Enrichment Guide = Great list of summer camps.

http://sprocketssaintpaul.org/program-finder- Sprockets- Looking for after school activities, summer programs, jobs, or just fun things to do in Saint Paul?

<u>www.iseek.org/education/steer-career.html-</u> Great list of camps, jobs, & other great career exploration in the Twin Cities!

www.clcmn.org/news-events/youth-summer-camp-work-opportunities/ List of affordable Youth_summer camps

Volunteer / Job Opportunities

<u>VOLUNTEERING</u> – Go online to search for short term &long term projects, too. Visit: <u>www.handsontwincities.org</u> and <u>https://www.unitedwaytwincities.org/about_us/volunteers/and www.volunteermatch.org</u>

Science Museum of Minnesota: Volunteering posted weekly at www.smm.org/volunteer

Hospital / Care Center Volunteering:

Bethesda Hospital: www.healtheast.org/bethesda
United Hospital
Regions Hospital: http://www.regionshospital.com
St. Joseph's Ho

St. John's Hospital: www.healtheast.org/st-johns

United Hospital: www.allina.com/ahs/united.nsf
St. Joseph's Hospital: www.healtheast.org/st-joes
Lyngblomsten Health Care Center east of the State Fairgrounds: www.lyngblomsten.org/get-

involved/volunteer

<u>JOBS</u> – Go online to search for employment. <u>www.indeed.com</u> create a keyword (sales associate, food server, cashier, etc) + zip code, www.iseek.org www.minnesotaworks.net www.jobconnectmn.com

Carpentry Contractors- www.carpentrycontractors.com

Conservation Corps Jobs- conservationcorps.org

Mall of America- mallofamerica.com/about/employment-portal

UPS- ups.managehr.com/earn-and-learn-program.htm

Science Museum of Minnesota- www.smm.org/jobs

Speedway SuperAmerica LLC- speedway.com/aboutus/pages/careers.aspx

Electrical Apprentice Program- offered by the International Brotherhood of Electrical Workers Union- paid training- http://jatc.ibew110.org/

Right Track- www.stpaul.gov/jobs

Faith Technologies (Construction)-call Sarah Barth @ (608)834-2720 or faithtechnologies.com

Twin Cities-Siding Professionals- call Nate @ (651)255-2844 or info@tcsidingprofessionals.com

Goodwill/Easter Seals = JOB Training and JOBS!!! www.goodwilleasterseals.org → CLICK ON "SERVICES"

Construction Careers Training: www.constructioncareers.org

Merrick Community Services Highway-Heavy Construction Jobs FREE training program www.merrickcs.org

http://sprocketssaintpaul.org/jobs = JOB Postings!

YWCA YouthLEAD IMPACT Work Readiness, Life Skills, and Academic Services Program for ages 14 (if in 9th grade) - 24. 375 Selby Ave, Saint Paul, MN. http://www.ywcaofstpaul.org/youth/ Possible PAID \$\$
Internships after training. ACT help, college visits, homework help, and family nights. Call 651-265-0750 or 651-222-3741 or email youth@ywcaofstpaul.org to get started. You may drop in 2:30pm - 6pm Monday - Friday to receive their services/learn more. http://ywcaofstpaul.org/wp-content/uploads/pdf/impact-flyer.pdf http://ywcaofstpaul.org/home/success-stories/

Free ACT preparation through your Naviance Family Connection. Click on "Prep-Me" located on the left hand side of your Naviance Family Connection account. Use Student Portal Username and Password http://connection.naviance.com/comparkstp

Homework Help / Tutoring Opportunities

ABSC Room - right here at Como. Room 1106, near the gym, by the Athletic Office/Parent Resource Room. Monday-Thursday, from 2-4pm. Students in there may receive a bus token and a snack, but they must be working for 30 minutes in order to receive it. The tutors in the room are Diana Schirm and the personnel from the Sanneh Foundation. All students from any subject area and any type of need are welcome.

Cougar Catch-Up- tutoring is available by Como teachers as per their schedule after school. Students check with their teachers and arrange a time to come in for extra help. In order to earn a bus token, students must work after school for at least 30 minutes. If a student needs a bus token, they need to bring a Cougar Catch-Up form from their teacher to the office between 2:35 to 3:15 pm on the day of issue.

Mid-Continent Oceanographic Institute- The MOI, formerly Rock Star Supply Co., offers after- school homework support for students ages 6-18 in all subject areas. High school students are free to drop in for tutoring from 3:00-4:30pm. MOI is located at 2388 University Ave W, St. Paul, MN 55114. (612)367-7827 moi-msp.org

St. Paul Public Libraries offers free ONLINE tutoring. Go to www.sppl.org/homework or simply google "St Paul Library Homework Help" and click on "Homework Rescue." All students need is a library card barcode to enter and they are ready to go. They offer online tutoring from 1pm to 11pm 7 days a week.

Homework Rescue- Free online tutoring- Free one to one live homework help from online tutors for grades 3-12. All major subject areas covered Science, Social Studies, English/Language Arts, Writing and Reading assistance. Go to www.melsa.org/homeworkrescue

Have a safe summer break! See you in September! Go Cougars!!!!